

Adult Class Schedule

<u>Class</u>	<u>Days</u>	<u>Times</u>	<u>Site / Instructor</u>	<u>Session III & IV COST</u>
Adult Beginner	M W	6:00-7:30pm 6:00-7:30pm	Forestmeadows / Matt, Eunice Forestmeadows / Matt, Eunice	\$31
Adult Adv Beginner	M W	7:30-9:00pm 7:30-9:00pm	Forestmeadows / Matt, Eunice Forestmeadows / Matt, Eunice	\$31 \$31
Adult Intermediate	T H	6:00-7:30pm 6:00-7:30pm	Forestmeadows / Matt Forestmeadows / Matt	\$31 \$31
Adult Advanced	T H	7:30-9:00pm 7:30-9:00pm	Forestmeadows / Matt Forestmeadows / Matt	\$31 \$31
Adult Adv Beginner	T	9:00-11:00am	Forestmeadows / Lenin	\$41.25
Adult Intermediate	H	9:00-11:00am	Forestmeadows / Lenin, Jack,	\$41.25
Adult Beginner	M W	6:00-7:30pm 6:00-7:30pm	Winthrop / Elyse Winthrop / Elyse	\$31 \$31
Adult Adv Beginner	M W	7:30-9:00pm 7:30-9:00pm	Winthrop / Elyse Winthrop / Elyse	\$31 \$31
Adult Intermediate	T	6:00-7:30pm	Winthrop / Elyse	\$31
Adult Beginner	Sat	9-10am	Tom Brown / TBD	\$31
Adult Adv Beginner	Sat	10-11:00am	Tom Brown / TBD	\$31
Adult Clinic	TBD	TBD	Walker Ford Community Center	\$31

* Instructors are subject to change depending on clinic participation!

Adult Class Descriptions

Adult Beginner

This class is for adults with little or no tennis experience. We will introduce the basic strokes with emphasis on proper grips and basic movement, and we will also discuss singles and doubles game play and league possibilities. (1:8 ratio)

Adult Advanced Beginner

This is for players who have an NTRP rating of 2.5. We will review proper grips, stroke execution and court movement, with an emphasis on consistency and stroke production. New students need to pass hitting test. (1:8 ratio)

Adult Intermediate

The Intermediate class is intended for players who have attained a NTRP rating of 3.0. The class will cover advanced drills; spin serves and specialty shots, singles and doubles strategy and tactics. New Students need to pass hitting test. (1:8 ratio)

Adult Advanced

These classes are intended for students who have attained a NTRP rating of 3.5 or above. Sessions focus on drills and match strategy. Subject matter may vary, depending on the instructor. New students need to pass hitting test. (1:8 ratio)

Match Play

This is a new program designed to get our clinic patrons playing matches. It will be for all levels. Our professionals will set up matches according to level and participation. Each participant will play 2 sets, and will be coached by one of our professionals. Tactics, positioning, and strategy will be the focal point. At the end of session, a tournament will be held.

Tennis Operations Division
Glen Howe, Superintendent, USPTA Master Pro
Steve LeRoy, Supervisor, USPTA Pro 1

City Tennis Center Staff
Allena Harris-Ammons, Accounting
Terry Brown, Tennis Court Technician
Russ Stromberg, Tennis Coordinator/Supervisor

Our Teaching Staff

Lenin Mongerie, USPTA Pro 1 Jack Green PTR
Matt Cory, USPTA Pro 1 Erika Harding
Eunice Rho, USPTA Pro 3 Jerry Peacock USPTA
Jim Hargrove, PTR
Alfred Koripamo, PTR
Richard Talbot, USPTA Pro 2
Elyse Fenton USPTA Pro 2

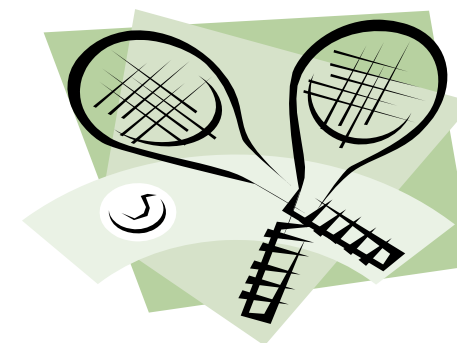
Private and semi-private tennis lessons are also available upon request. For more information about tennis instructional programs, please call the City Tennis Center at Forestmeadows (891-3920) or check our website www.Talgov.com.

Racquets, soft goods, balls, and stringing are available at Forestmeadows Park.



2012 Session III & IV

Tennis Clinic Information



Forestmeadows Park
& Athletic Center
4750 North Meridian Road
Tallahassee, Florida 32312
Telephone: (850) 891-3920
Fax: (850) 891-3927
www.Talgov.com

Application Form

Circle one: **Adult Clinic (Blue)** **Junior Clinic (Yellow)**

Participant's name _____ Age _____

Parent or legal guardian's if applicable name _____

Address _____

City _____ State _____ Zip _____

Phone _____ (home) _____ (work) _____ (cell)

Email Address _____

1st Choice _____ Time: _____ Day: **M T W H**

2nd Choice _____ Time: _____ Day: **M T W H**

3rd Choice _____ Time: _____ Day: **M T W H**

Medical notes:(pertaining to you or your child; example: allergic to peanuts)

Consent: It is understood that participation in sports may cause injuries. It is also agreed by my signature below that in the event I or my child is disabled, injured or incurs a disease of a temporary or permanent nature while participating, to waive all claims or liabilities against the City of Tallahassee, coaches, and the Parks, Recreation, & Neighborhood Affairs. The Parks, Recreation, & Neighborhood Affairs Department reserves the right to photograph/videotape facilities, activities, and program participants for potential future use. All photos/footage will remain the property of the department and may be used for publicity or promotion purposes only.

Signature _____ Date _____

Office use only:

Amount received _____ Received by _____

Date Received _____

Class: _____ Time: _____

Day: **M T W H** (circle days) Location **FM Win TB**

Number of day x (clinic amt) = amount owed _____

Method of Payment:

Cash _____ Check _____ Credit _____

Also paid for _____ Amount _____

Skill Testing

Participants that are not beginners (adults and children) will be required to take a brief skills test at registration. Therefore, all new players who wish to participate in this session must come to the registration (adults must bring any children who wish to register). Players will be placed in classes according to ability. Participants that are interested in moving up to more advanced classes, must have permission by their current instructor, or be present for the skills test during registration. The decision of our teaching staff will be final.

Registration

Session III: June 4 – July 1 (4 weeks)

Registration: May 21 – June 2

Session IV: July 9 – August 12

Registration: July 2 – July 7

*Classes will not be held on the weeks

Junior Class Descriptions

Tiny Tots

This class is for children 4-5 years old with no tennis experience. It is designed to introduce the child to basic hand-eye coordination skills, movement skills, and simple racquet control skills. The emphasis will be on movement and fun. (1:8 ratio)

Junior Beginner

This class is for children with little or no tennis experience. We will cover the basics of playing tennis, including proper warm-up techniques, hand-eye coordination drills, and the basic strokes (forehand, backhand, serve, and volley), with emphasis on proper grips and execution, fundamental rules, basic scoring and tennis etiquette (1:8 ratio).

Junior Advanced Beginner

To qualify for this class, children must have developed the basic tennis strokes as outlined in the Beginner class. The Advanced Beginner class provides the next step in the junior development chain by concentrating on control and consistency in stroke execution. (1:8 ratio).

& conditioning will be emphasized along with match strategy and intense drills. (1:5 ratio)

Junior Class Schedule

Session III & IV

<u>Class</u>	<u>Days</u>	<u>Time</u>	<u>Site/Instructors</u>	<u>Cost</u>
Jr. Beginner	M	4:00-5:00pm	Forestmeadows / Eunice	\$20.75
	W	4:00-5:00pm	Forestmeadows / Eunice	\$20.75
Jr. Adv Beginner	M	5:00-6:00pm	Forestmeadows / Eunice	\$20.75
	W	5:00-6:00pm	Forestmeadows / Eunice	\$20.75
Jr. Intermediate	M	6:00-7:00pm	Forestmeadows / Jim	\$20.75
	W	6:00-7:00pm	Forestmeadows / Jim	\$20.75
Jr. 10 and Under	W	3:00-4:00pm	Winthrop Park / Elyse	\$20.75
Jr. Beginner	W	4:00-5:00pm	Winthrop Park / Elyse	\$20.75
Jr. Advanced Beginner	W	5:00-6:00pm	Winthrop Park / Elyse	\$20.75
Jr. Intermediate	W	6:00-7:00pm	Winthrop Park / Elyse	\$20.75
Jr. Beginner	Sat	4:00-5:00pm	Tom Brown Park / TBD	\$20.75
Jr. Adv Beginner	Sat	5:00-6:00pm	Tom Brown Park / TBD	\$20.75
Jr. Match Play	Sat	11:30-1:00pm	Forestmeadows / Matt	\$41.25
Jr. clinic	TBD	TBD	Walker Ford Community Center	\$20.75

*** Staff is subject to change upon class participation and availability of instructor!**

Junior Intermediate

This class is for children who have successfully completed the Advanced Beginner class or demonstrated the ability to play at this level. We will review grips and execution with the goal of developing consistency and placement of shots. In addition, we will cover advanced strokes, singles and doubles tactics, strategy and court positioning, and introduce the students to competitive play (1:8 ratio).

Tournament Training

This comprehensive and challenging program is for players who want to attain a state ranking or compete regularly in tournaments and high school tennis. Fitness

Match Play

This is a new program designed to get juniors playing matches. Our professionals will set up matches according to level and age. Each participant will play 2 sets and will receive coaching on tactics, positions, and strategy. At the end of the session, a tournament will be held.

Note: Tournament Training classes are geared towards serious players who want to improve their skills in competitive match play. Our Tournament

Training staff must approve placement in these classes. Occasionally some volunteer hitting coaches are used to provide competitive match play.